

Brainstorm



Coastal Rehabilitation Center
CRAVEN REGIONAL MEDICAL CENTER

WANT TO LEARN MORE ABOUT STROKES?

Brainstorm is a FREE, 7-week series offered at the Coastal Rehabilitation Center every Thursday from 2-3pm.

Join physicians and staff as they cover topics including:

Cause of Stroke

Prevention, Signs, and Symptoms

Dealing With Emotional Changes

Daily Activities and Communication

Exercise and Strengthening

Diet and Leisure Time

Caregiver Support and Resources

You are welcome to begin at any time during the series and complete them all.

Please call 252-633-8020 for more information or to reserve your space.